



Course Syllabus

Work at Height

The Course is specifically designed for any person who is involved with working at height.

The following topics are covered:

- Introduction
- Problems associated with safe working at heights
- Legislation
- Employers Responsibilities
- Employees Responsibilities
- Risk Assessment
- Safe systems of work
- Passive safety systems
- Restraint systems
- Fall arrest systems
- Fall arrest equipment introduction
- Pre use inspection
- Donning safety harness
- Safe use of associated equipment
- Anchorage point identification
- Horizontal safety systems
- Vertical safety systems
- Temporary safety products
- Maintenance & checking equipment
- Cleaning & storage

A certificate of attendance will be awarded to all candidates who successfully complete the course.

Next Step?

Contact our Learning & Development team at Aspen Wolf Ltd on 0191 581 1000 to discuss your specific training needs.