



## **Course Syllabus**

### **Health & Safety Awareness**

The aim of this course is to give staff an understanding of Health & Safety in the Workplace including Legislation and how to keep themselves and others safe.

The course covers the following:

- Introduction to Health & Safety at Work
- Health & Safety Law
- Health
- Safety
- Welfare
- Hazard Spotting
- The Workplace and Safe Use of Work Equipment
- Risk Assessment
- Hazardous Substances
- Working at Height
- Noise and Vibration
- Transport and Vehicles
- Ergonomics and Workstation Design

A certificate of attendance will be awarded to all candidates who successfully complete this course.

### **Next Steps?**

Contact Learning & Development team at Aspen Wolf Ltd on 0191 581 1000 to discuss your specific training needs.