



## **Course Syllabus**

### **Harness Training**

This Harness Training course is designed for all operatives who work at height, such as people who work on scaffold, those who are carrying out roof work and anywhere where there is no collective fall protection.

By the end of this course, the attendees will be aware of the dangers of working at height, the importance of wearing a harness and the implications of not wearing one correctly. They will be competent in the inspection of the harness and recovery from the fall.

The following

- Legislation
- Health and Safety at Work Act 1974
- Personal Protective Equipment at Work Regulations
- Wearing and use of fall arrest equipment
- Anchorage points
- Markings
- Inspection of harnesses
- Reporting defects
- Maintaining harnesses
- Storage
- Emergency procedures

An in-house certificate of attendance will be awarded to all candidates who successfully complete the course

### **Next Step?**

Contact our Learning & Development team at Aspen Wolf Ltd on 0191 581 1000 to discuss your specific training needs.